**Task 2**

**Activity Services**

1. Assist in the transition from life in the community to life in the facility and facilitate community integration- Resident care professionals can provide orientation to new clients and their families helping them cope with the new transition from their life in the community to that of the care facility
2. Help keep the client and families connected through family events, newsletters, internet and regular correspondence- The facility should have period events such as thanksgiving ceremonies and visiting ceremonies that help connect their residents to their families. Services such as providing newsletters to residents and families could help the two keep in touch over time
3. Teach new skills such as using computers, to play games to keep in touch with the client loved ones through e-mail or provide new activities of interest- Engage tech volunteers and understand the interests of the clients and focus such interests in creating fun activities for the residents
4. Assist in promoting good nutrition and hydration- Teaching residents on what food is best for them and what is nutritious and what they should avoid. Creating a meal plan to manage the diet of the residents
5. Are good listeners, able to ascertain their clients’ needs and offer support when coping with difficult situations- Engage in activities such as group discussions that help residents communicate in the best way possible and act more of a listener than a contributor. Provide resources based on the emotional needs of the clients
6. Assist professional team with client behavior management- Give residents choices whenever possible, maintaining staff assignment and provide adequate pain management to prevent poor behavior
7. Work closely with clergy to provide spiritual opportunities within the facility, encourage continued involvement with client’s church and provide religious materials- Reading spiritual books to the residents at the facility and also participating in spiritual activities with residents such as going for spiritual teaching sand singing spiritual songs
8. Encourage social interactions and help clients make new friends- Having social nights where residents can interact with others in the facility and involving residents with community activities
9. Help clients die with dignity and provide support to the family though the difficult time; help facilitate the grieving process and take an active role in providing palliative care- Offer end of life counseling to the client and also to their families
10. Offer support and encouragement with pain management- promoting simple every day activities such as gardening, stretching and engaging in interesting activities to reduce pain by blocking pain signals to the brain